

# Roadpost Support Center

Portal > Knowledgebase > GeoPro > GeoPro Messenger > How-To > Enabling & disabling tracking on GeoPro Messenger

---

## Enabling & disabling tracking on GeoPro Messenger

Lu Parente - 2023-03-20 - in How-To

Follow the steps below on how to enable and disable tracking on the GeoPro Messenger GPM1000.

**Note:** The GeoPro Messenger device can be configured to automatically send regular position reports to the GeoPro Web Application at predefined intervals. This service will show your movement over time in the GeoPro Web Application.

If the device is in emergency mode, the tracking interval is set to 5 minutes and cannot be changed, even from the Tracking screen.

Solution: Enabling a tracking interval

1. Press the "Menu" softkey from the Home screen.
2. Scroll to "Location Utilities" and press the "Select" softkey.
3. Scroll to "Tracking" and press the "Select" softkey.
4. Scroll to the desired tracking interval which ranges anywhere from 2 minutes to 1 day and press the "Select" softkey.
5. On the Confirm screen you will be prompted to "Set reporting rate to every X minutes", press the "Yes" softkey to proceed.
6. The GeoPro Messenger device is now set to transmit location reports every X minutes.

Solution: Disabling the tracking interval

1. Press the "Menu" softkey from the Home screen.
2. Scroll to "Location Utilities" and press the "Select" softkey.
3. Scroll to "Tracking" and press the "Select" softkey.
4. Scroll to "Off" and press the "Select" softkey.
5. On the Confirm screen you will be prompted to "Turn tracking off?", press the "Yes" softkey to proceed.
6. The GeoPro Messenger device will now turn off tracking.